

Roberta Thorson,
27150 385th St. NE
Arena, ND 58494



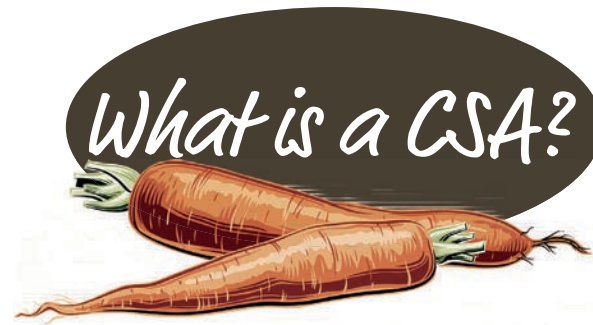
We are proud members of the ND Farmers Market and Growers Association.



FRESH
Locally Grown
VEGGIES

**Jams
Jellies
Bread
and more ...**

made with love



Becoming a member of Bountiful Harvest CSA means you are supporting local agriculture and value-added ag products. Your weekly share of vegetables begins in mid-July and continues through mid-October weather permitting.

Paying for your CSA membership early in the year provides the "seed" money for farmers to begin transplants and plan for a season of fresh produce.

Our produce and baked goods are picked and packed the day you pick up your share. Veggies keep much longer because they are not shipped a week or two to market. What a bargain at a full share cost of \$495 with 7 to 10 varieties weekly. That's enough for a family of four to five people. Half-share are available for \$275, with enough vegetables and bread (every other week) for two to three people. Additionally, seasonal items may be purchased at the market.

**Reserve your share today by
returning the contract with your
check to the address provided.**

Meet your farmers



ROBERTA THORSON

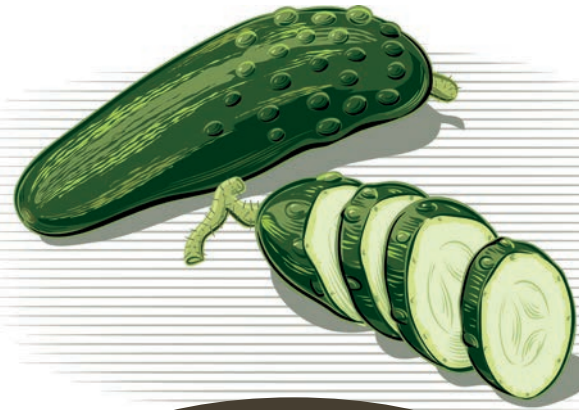
Roberta has been farming vegetables for more than 30 years. She is one of the few certified organic vegetable farms in the state. The Thorsons live near Wing, ND.
Email: thobek@bektel.com
Phone: 701-220-5665 or 701-943-2347

DIANE SCHMIDT

Diane lives near Mandan, ND, and makes homemade pies, jams, jellies and pickles adding sugar and spice to the fresh garden produce she grows.
Email: marcwdiane@yahoo.com
Phone: 701-391-0506 or 701-663-8622

SUE BALCOM

Sue lives north of Mandan, ND, and makes homemade breads and buns using German-Russian family recipes including "Everlasting Yeast" sourdough boules. She is expanding her operation to grow more heirloom veggies for farmers market.
Email: spidersue@msn.com
Phone: 701-3527-5169



Share Details

What's in a bag?

Offerings for 2018 include, but are not limited to the following, based on seasonal availability:

- | | | |
|------------|---------------------|---------------|
| Beans | Onions | Other: |
| Beets | Peas | Jams |
| Cabbage | Potatoes | Jellies |
| Cantaloupe | Pumpkin | Fruits |
| Carrots | Radishes | Syrups |
| Chard | Salad Greens | Sauerkraut |
| Corn | Spinach | Salsa |
| Cucumbers | Squash | Pickles |
| Eggplant | Sweet & Hot Peppers | |
| Garlic | Tomatoes | |
| Dill | Watermelon | |
| Kohlrabi | Zucchini | |
| Lettuce | Rhubarb | |

Additional farmers market items will be available for sale on most Thursdays. Come prepared to pick up extra pickles, watermelon pickles, sauerkraut, jams and jellies when in-season. We are planning a weekly newsletter will include recipes and tips and hits for enjoying your produce and other interesting news.

Half-share

Plenty of fresh food for two to three people for \$275. That's less than \$20 a week for a **Bountiful Harvest** of veggies and the occasional add-on item.

Full-share

A fresh assortment to feed a family of four to five for \$495, about \$35 a week. Your bag includes fresh veggies in season. A **Bountiful Harvest** of healthy food for your family.

Your colorful bag includes seasonal produce and other fresh homemade food for 12 to 14 weeks beginning in mid-July and running through mid-October depending on the weather.

Each Thursday your bag will be available for pickup in the north parking lot of the Bismarck K-mart. Additional produce and canned items will also be available for purchase.

Bountiful Harvest CSA 2018 contract

Name: _____

Address: _____

Phone: (Home) _____ (Cell) _____

Email: (Please print legibly) _____

Yes, I want to belong to the Bountiful Harvest CSA. I would like my bag to be:

A full share for \$495 A half-share for \$275 Delivered for an additional \$98 (\$7 a week)

Contracts may be paid in full all at once, or you may opt for a payment plan requiring a \$100 deposit (Non-refundable) to hold your spot. **Full payment to be received by June 1.**

Amount enclosed \$ _____ Check number _____ Date _____

For full loaves of bread every other week in your half-share, please include an additional \$25 or \$300.

I, _____, (print name) agree to enter into a share contract with Bountiful Harvest to provide fresh certified organic produce and the occasional add-ons such as jelly, jam, pickles, farm-fresh eggs or other seasonal items. Various homemade items may be available for additional cost.

I have read and understand all share contract terms and conditions. I agree to pay the CSA fee on or before the due date. I understand that Bountiful Harvest farmers will do everything in their power to have a successful season, however, the possibility of crop failures or natural disasters is always present and may affect the contents of your bag. CSA pick-up will be 4 to 6 p.m. Thursday's at the Bismarck K-mart parking lot. WE APPRECIATE YOUR TIMELY PICK-UP BEFORE 6 p.m. We will send e-mail reminders, so please provide a valid e-mail address.

Delivery is available for a charge of \$7 per week or \$98 for the 2018 season. It is your responsibility to arrange for pickup of your share each week.

Thank you.

Signature _____ Date _____

Return this contract with payment to: Roberta Thorson, 27150 385th St. NE, Arena, ND 58494 or Diane Schmidt, 2121 Coulee Drive N, Mandan, ND 58554.

Shares are limited

Become a member by May 1, 2018, to insure your Bountiful Harvest share.